

# Planning de la salle de Crissier 1

**Lundi**

|                     |
|---------------------|
| 17:15 - 18:15       |
| <b>POLE EMOTION</b> |
| Manon               |

|                   |
|-------------------|
| 18:15 à 19:15     |
| <b>POLE FIRST</b> |
| Manon             |

|                     |
|---------------------|
| 19:20 - 20:20       |
| <b>POLE PASSION</b> |
| Tournus             |

**Mardi**

|                            |
|----------------------------|
| 17:00 - 18:00              |
| <b>POLE FIRST sur date</b> |
| Deborah                    |

|                |
|----------------|
| 18:00 - 19:00  |
| <b>PILATES</b> |
| Edith          |

|                     |
|---------------------|
| 19:05 - 20:05       |
| <b>POLE EMOTION</b> |
| Edith               |

|                       |
|-----------------------|
| 20:10 - 21:10         |
| <b>POLE SENSATION</b> |
| Alice                 |

**Mercredi**

|                    |
|--------------------|
| 17:00 - 18:00      |
| <b>POLE KIDS</b>   |
| Camille / Eleonore |

|                       |
|-----------------------|
| 18:30 - 19:30         |
| <b>POLE SENSATION</b> |
| Cindy                 |

|                   |
|-------------------|
| 19:35 - 20:35     |
| <b>POLE FIRST</b> |
| Aurélie           |

|                                  |
|----------------------------------|
| 20:35 - 21:35                    |
| <b>POLE CLASSIC-CONTEMPORAIN</b> |
| Marine P                         |

**Jeudi**

|                  |
|------------------|
| 17:00 - 18:00    |
| <b>SOUPLESSE</b> |
| Gabrielle        |

|                     |
|---------------------|
| 18:00 - 19:00       |
| <b>POLE EMOTION</b> |
| Valérie / Fabiola   |

|                       |
|-----------------------|
| 19:05 - 20:05         |
| <b>POLE SENSATION</b> |
| Emilie R              |

|                   |
|-------------------|
| <b>NEW</b>        |
| 20:10 - 21:10     |
| <b>POLE FIRST</b> |
| Géraldine         |

**Vendredi**

|                              |
|------------------------------|
| 17:30 - 18:30                |
| <b>POLE EMOTION sur date</b> |
| Edith                        |

|                              |
|------------------------------|
| 17:45 - 18:45                |
| <b>POLE EMOTION sur date</b> |
| Ningning                     |

**Samedi**

|                                   |
|-----------------------------------|
| 10:00 - 11:00                     |
| <b>POLE FIRST &amp; SENSATION</b> |
| Laurianne                         |

|                             |
|-----------------------------|
| 11:00 - 12:00               |
| <b>POLE EXOTIC Débutant</b> |
| Laurianne                   |

**Dimanche**

|                              |
|------------------------------|
| 11:30 - 12:30                |
| <b>POLE EMOTION sur date</b> |
| Krystel                      |

|                              |
|------------------------------|
| 16:00 - 17:00                |
| <b>POLE EMOTION sur date</b> |
| Edith                        |

|                         |
|-------------------------|
| 17:05 - 18:05           |
| <b>PILATES sur date</b> |
| Edith                   |

