



Pole-Emotion.ch

Lundi

18:30 - 19:30
POLE SENSATION
Vanessa/Emilie T

19:35 - 20:35
POLE SENSATION-EMOTION
Vanessa/Emilie T

Mardi

18:30 - 19:30
PILATES
Enrico

19:35 - 20:35
SOUPLESSE
Laurène

20:40 - 21:40
POLE SENSATION
Laurène

Mercredi

18:30 - 19:30
PRACTICE
Carole B

19:35 - 20:35
POLE FIRST
Carole B

Jeudi

18:30 - 19:30
POLE SENSATION
Audrey

19:35 - 20:35
POLE EMOTION
Florence

Vendredi

Samedi

1x sur 2

10:00 - 11:00
POLE FIRST
Camilla

11:00 - 12:00
Tous niveaux
Camilla

Dimanche

10:00 - 11:00
POLE SENSATION
Vanessa

