



20 ANS -
2005/2025

Planning de la salle de Gland

Lundi

18:30 - 19:30
RENFO OU YOGA
Joana / Vanessa

19:35 - 20:35
POLE SENSATION
Joana / Vanessa

20:35 - 21:35
Pole Flow
Patricia A

Mardi

17:25 - 18:25
PRACTICE
Fabienne

18:30 - 19:30
POLE FIRST
Fabienne

19:35 - 20:35
SOUPLESSE
Laurène

20:40 - 21:40
POLE EMOTION
Laurène

Mercredi

9:30 - 10:30
CAF
Alexia

17:30 - 18:30
PRACTICE
Eleonore

18:30 - 19:30
RENFO POLE Dès SENSATION
Audrey

19:30 - 20:30
POLE EMOTION PASSION
Audrey

20:30 - 21:30
FIRST / SENSATION
Alexia

Jeudi

NEW!

18:35 - 19:35
POLE FIRST tous les 15 jours
Valentine

19:35 - 20:35
POLE EMOTION
Florence

20:40 - 21:40
SOUPLESSE
Florence

Vendredi

12h15 - 13h15
RENFO POLE Dès FIRST
Aline C

18:30 - 19:30
EXOTIC
Vanessa

19:30 - 20:30
POLE FIRST
Vanessa



Samedi

10:00 - 11:00
POLE SENSATION <i>sur dates</i>
Vanessa

11:00 - 12:00
EXOTIC <i>sur dates</i>
Vanessa

Dimanche

