

Mardi

18:30 - 19:30 POLE SENSATION Joana / Vanessa	19:35 - 20:35 PRACTICE Joana / Vanessa	
18:30 - 19:30 PILATES Enrico	19:35 - 20:35 SOUPLESSE Laurène	20:40 - 21:40 POLE EMOTION Laurène

Mercredi

18:00 - 19:00 PRACTICE Carole B	19:00 - 20:00 POLE FIRST Carole B	20:00 - 21:00 PRACTICE Alexia
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Jeudi

18:30 - 19:30 POLE SENSATION Audrey	19:35 - 20:35 POLE EMOTION Florence	20:35 - 21:35 SOUPLESSE <i>sur date</i> Florence
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Vendredi

Samedi

en alternance

10:00 - 11:00 POLE FIRST <i>sur date</i> Camilla	11:00 - 12:00 POLE SENS-EMO <i>sur date</i> Camilla
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Dimanche

en alternance

10:00 - 11:00 POLE SENSATION <i>sur date</i> Vanessa	11:00 - 12:00 POLE EMOTION <i>sur date</i> Vanessa	11:00 - 12:00 EXOTIC <i>sur date</i> Vanessa
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