

Planning de la salle de Gland

Lundi

18:30 - 19:30
POLE FIRST
Emilie / Camilla

19:35 - 20:35
POLE SENSATION
Emilie / Camilla

Mardi

18:30 - 19:30
PILATES
Enrico

19:35 - 20:35
SOUPLESSE
Laurène

20:40 - 21:40
POLE SENSATION
Laurène

Mercredi

18:30 - 19:30
PRACTICE
Carole B

19:35 - 20:35
POLE FIRST
Carole B

20:40 - 21:40
POLE SENSATION
Camilla

Jeudi

18:30 - 19:30
POLE SENSATION
Audrey

19:35 - 20:35
POLE EMOTION
Audrey

20:40 - 21:40
POLE FIRST
Karen

Vendredi

Samedi

Dimanche

