



Pole-Emotion.ch

Planning de la salle de Lausanne

Lundi

12:00 - 13:00
SALLE LIBRE PENDANT ETE
SUR INSCRIPTION

18:05 - 19:05
POLE FIRST
Clémentine

19:10 - 20:10
POLE SENSATION
Nancy

20:15 - 21:15
POLE FIRST
Malika

Mardi

12:15 - 13:15
YOGA-FLOW
Maude

1x sur 2

17:20 - 18:20
JUMP (mini-trampoline)
Véronique

18:20 - 19:20
POLE SENSATION
Marion W

19:25 - 20:25
RENFO POLE POLE EXOTIC
Camille / Ningning

20:30 - 21:30
POLE EMOTION
Krystel

Mercredi

12:15 - 13:15
YOGA-FLOW
Isabel

18:15 - 19:15
POLE EXOTIC
Jessica F

19:20 - 20:20
POLE EMOTION
Jessica F

20:20 - 21:20
DANSE ORIENTALE
Dunia

Jeudi

12:15 - 13:15
SOUPLESSE
Maude

17:30 - 18:30
POLE EXOTIC
Dionaea

18:40 - 19:40
POLE EMOTION
Marion A

19:40 - 20:40
PRACTICE SOUPLESSE
Jing / Marion A

Vendredi

17:00 - 18:00
Renforcement
Erwin

18:00 - 19:00
Body kick-boxing
Erwin

20:00 - 21:00
SOUPLESSE
Jing

Samedi

1x sur 2

10:00 - 11:00
JUMP (mini-trampoline)
Véronique

11:15 - 12:15
POLE EMOTION
Emilie W

12:20 - 13:20
POLE SENSATION
Emilie W

13:30 - 14:30
POLE FIRST
Jennifer

Dimanche

11:30 - 12:30
POLE EMOTION
Krystel

1x sur 2

17:30 - 18:30
POLE EMOTION
Fabienne

18:30 - 19:30
SOUPLESSE
Fabienne

→ 21.08 / 4.09 / 2.10 / 30.10
13.11 / 27.10 / 11.12

